

## Our vision

FertilityNZ has a vision of a 'fertility friendly' and fertility-aware New Zealand where:

- Infertility is recognised, understood and supported.
- All New Zealanders faced with the medical condition of infertility have access to appropriate, timely and fully-funded medical treatment.
- New Zealanders have all the information necessary to enable them to make informed decisions regarding their fertility.
- Young New Zealanders learn about fertility preservation.
- Fertility and all forms of whānau building are respected and valued.



### Fertility NEW ZEALAND

PO Box 28262, Remuera, Auckland 1541

free phone: 0800 333 306

email: [support@fertilitynz.org.nz](mailto:support@fertilitynz.org.nz)

website: [www.fertilitynz.org.nz](http://www.fertilitynz.org.nz)

The printing of this brochure is made possible by  
an educational grant from Bayer New Zealand Limited



# Fertility NEW ZEALAND

FertilityNZ exists to support  
New Zealanders experiencing  
fertility problems, whether  
facing challenges becoming  
or staying pregnant





## About us

Having the choice to create a family is a fundamental part of our humanness – encountering difficulties in having or completing a much-wanted family is unexpected and can be very challenging to deal with. The confusion, frustration and grief encountered with fertility problems are invisible and often not understood by family and friends or even by health professionals, which can leave people feeling very isolated. Intense feelings such as anger, sadness and grief are a natural part of dealing with fertility problems. However these feelings are often minimised and invalidated by others, so support from people who understand is especially helpful.

FertilityNZ was founded in 1990 and is a national organisation with regional branches around New Zealand and is a registered charity. Much of FertilityNZ's work is carried out by dedicated volunteers.

- One in four New Zealanders will be affected by infertility during their lifetime.
- Infertility is most simply defined as not being able to achieve conception after a year of unprotected intercourse (or the deemed equivalent for single people and same sex couples), or not being able to carry pregnancies to a live birth.
- Infertility is a medical condition and is recognised as a disease by the World Health Organisation.
- Approximately 30% of infertility is male factor, 30% is female factor, 30% is both and 10% is unexplained.

### What does FertilityNZ do?

FertilityNZ provides support and information for people affected by fertility challenges through:

- [www.fertilitynz.org.nz](http://www.fertilitynz.org.nz) with a wealth of information, resources, forums and regional support details
- Information Videos on a range of topics
- Regional support groups
- Free helpline with email and 0800 line providing ready access for all those seeking information and support
- *The Dandelion* newsletter packed with helpful information – distributed electronically to members
- Informative Fact Sheet brochures available for members and through fertility clinics
- Email updates
- Regular conferences and workshops, in-person and virtual
- Fertility Week awareness campaign

### How much does it cost to join FertilityNZ?

Membership is free. Membership registration can be completed simply on our website. By joining FertilityNZ, you support the valuable work FertilityNZ does for all New Zealanders experiencing fertility challenges.

### The purpose of FertilityNZ is to:

- Support and provide information and understanding for New Zealanders faced with fertility challenges and infertility.
- Raise awareness about infertility and advocate for social and legislative change.
- Provide information on causes, treatments, implications and the impact of infertility – up-to-date, objective and practical information means people affected can make informed choices about which paths to take.
- Represent the voice of the people affected by fertility challenges on medical, ethical and policy issues.
- Provide opportunities to network and share experiences, which helps remove the feelings of isolation felt by many people affected by fertility issues and infertility.
- Provide links between people affected by infertility and the doctors and specialists who provide treatment.
- Provide information and education so people can make choices which protect and enhance their fertility.



### Fertility NEW ZEALAND

PO Box 28262, Remuera, Auckland 1541  
free phone: 0800 333 306  
email: [support@fertilitynz.org.nz](mailto:support@fertilitynz.org.nz)  
website: [www.fertilitynz.org.nz](http://www.fertilitynz.org.nz)