



Our vision

FertilityNZ has a vision of a “fertility friendly” and fertility aware New Zealand where:

- infertility is recognised, understood and supported
- all men and women faced with the medical condition of infertility have access to appropriate, timely and fully funded medical treatment
- men and women have all the information necessary to enable them to make informed decisions regarding their fertility
- young New Zealanders learn about fertility preservation
- fertility and all alternative forms of whanau and family-building are respected and valued



**fertility
NEW ZEALAND**

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fertility

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FertilityNZ exists to help New Zealanders experiencing fertility problems and difficulties getting or staying pregnant



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About Us

Having the choice to create a family is a fundamental part of our humanness - encountering difficulties in having or completing a much wanted family is unexpected and can be very challenging to deal with. The confusion, frustration and grief encountered with fertility problems are invisible and often not understood by family and friends or even by health professionals, which can leave people feeling very isolated. Intense feelings such as anger, sadness and grief are a natural part of dealing with fertility problems however these feelings are often minimized and invalidated by others, so support from people who understand is especially helpful.

How much does it cost to join FertilityNZ?

General information is provided free of charge. Membership is currently free. Members receive our Pathways magazine, fact sheets brochures, email updates, regional groups and member only area of our website. Membership forms can be found on our website on the registration page. By joining FertilityNZ you support the valuable work FertilityNZ does for all New Zealanders experiencing fertility problems.



FertilityNZ was founded in 1990, is a national organization with regional branches around New Zealand and is a registered charity. Much of FertilityNZ's work is done by dedicated volunteers.

- One in five New Zealanders are affected by infertility
- Infertility is most simply defined as not being able to achieve conception after a year of unprotected intercourse, or not being able to carry pregnancies to a live birth
- Infertility is a medical condition and is recognised as a disease by the World Health Organisation

Infertility is often thought to be a "women's problem" but approximately 30% of infertility is male factors, 30% is female factors, 30% is both and 10% unexplained

What does FertilityNZ do?

FertilityNZ provides support and information for people affected by fertility problems through:

- our website www.fertilitynz.org.nz
- regional support groups
- our email address and toll free 0800 number providing ready access for all those seeking information and support
- publishing Pathways Magazine packed with helpful information – sent out to members
- providing informative Fact Sheet Brochures available for members and through some fertility clinics
- email updates
- holding seminars and workshops
- hosting a regular conference

The purpose of Fertility NZ is to:

- support and provide information and understanding for men and women faced with fertility issues and infertility
- raise awareness about infertility and advocate for social and legislative change
- provide a national voice for people affected by fertility issues and infertility
- provide information on causes, treatments, implications and impact of infertility - up to date, objective and practical information, means people affected can make informed choices about which paths to take
- represent the voice of the people affected by infertility on medical, ethical and policy issues
- provide opportunities to network and share experiences, which helps remove the feelings of isolation felt by many people affected by fertility issues and infertility
- provide links between people affected by infertility and the doctors and specialists who provide treatment
- provide information and education so people

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